

Your
Health
is
Real
Wealth

Coming soon...
**A way you can improve
your health, have fun
and reap rewards!**

Your enhanced Town of Amherst wellness program is coming soon

You are invited to participate in a preventive health evaluation that will be held at the following locations:

- Town Hall
- Highway Department
- Engineering
- Senior Center Building

The health evaluation includes a blood test, blood pressure screening and a brief health assessment. Your results are 100% confidential – they will not be shared with your employer.

- Learn your health status and receive a personal Health Score and Goal
- Earn rewards!

Have fun and get fit!



Stay tuned – more information on how to register is coming soon!

 **Interactive™**
HEALTH
Your Wellness Program Provider

